**NAME………………………………………… INDEX NO………………………..**

**STUDENT’S SIGNATURE…………….**

**DATE…………………..**

**441/3**

**HOMESCIENCE**

**PAPER 3**

**PRACTICAL**

**(FOOD AND NUTRITION)**

**TIME: 1¼ HOURS**

**AMUKURA CATHOLIC PARISH EXAMINATIONS COUNCIL KENYA** CERTIFICATE OF SECONDARY EDUCATION

**HOMESCIENCE FORM ONE**

**END TERM EXAMINATIONS -2021**

***Kenya Certificate of Secondary Education (K.C.S.E.)***

**HOMESCIENCE**

**PAPER 3**

**TIME: 1¼ HOURS**

**INSTRUCTIONS TO CANDIDATES**

**PLANNING SESSION: 30 MINUTES**

**PRACTICAL SESSION: 1¼ HOURS**

1. Read the Test carefully.
2. Write your **Name** and **Index number** on every sheet of paper used.
3. Text books and recipes may be used during the planning session as reference materials.
4. You will be expected to keep to your order of work during practical session.
5. You are only allowed to take away your reference materials at the end of the planning session.
6. You are not allowed to bring additional notes to the practical session.
7. This paper consists of two printed pages.
8. Candidates should check the question to ascertain that both pages are printed as indicated and no page is missing.

**THE TEST**

You and your friend are on half term and are going for a girls outing fun day. Using the foodstuffs and ingredients listed below. Prepare, cook and pack a one course meal for the two of you. Include a refreshing drink.

**INGREDIENTS**

* Tomatoes
* Potatoes / Wheat flour / Rice
* Spinach/ kales/ cabbage
* Beef cube/ Royco
* Cooking oil
* Salt
* Onions
* Dhania
* Sugar
* Garlic
* Capsicum
* Beef/ chicken
* Pilau mix
* Fruits is season

**PLANNING SESSION: 30 MINUTES**

Use separate sheets of paper for each task listed below. Use carbon paper to make duplicate copies then proceed as follows.

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of the foodstuffs and equipment you will require.